

EXISTING RULE

Loose Ends Hockey Association Constitution

(February 22, 1980, Amended August 27, 1991)

Article I: Name

- i. The league shall be named the LOOSE ENDS HOCKEY ASSOCIATION.

Article II: Object

- i. The league shall endeavour to promote:
 - a) Friendly, competitive, non-contact hockey;
 - b) Fellowship amongst the membership;
 - c) Social exchanges between members and their families.

Article III: Membership

- i. Membership is open to any adult aged 30 or over.
- ii. Members must adhere to the rules and regulations laid down by the league's governing bodies.
- iii. Executive Committee reserves the right to rule on any player's eligibility.
- iv. To remain a member of the league, the Treasurer must receive a deposit cheque payable on or before **March 1** of that year. The balance of the fee must be paid prior to the **first** game of the season. A player may play only if full payment has been received or by Executive Committee decree. A penalty of \$20.00 including bank fees will be charged for NSF cheques and any further cheques will not be accepted unless certified.

Article IV: League Management

- i. Two governing bodies shall manage the league: the Executive and the Rules Committee. The Executive shall comprise of the following officers; President, Vice-President, Treasurer, Secretary, **Entertainment Chairman** and Rules Committee Chairman. The Rules Committee shall consist of: Rules Committee Chairman, Secretary and Team Captains. Team Captains and Alternate Captains shall manage teams. The Executive, Team Captains and **Alternated** Captains shall be elected bi-annually. At least once during their terms of office, the Executive must hold a General Meeting, which shall be open to all league members.

APPROVED CHANGES

replace March 1 with May 1

replace first game with third game

delete Entertainment Chairman

fix spelling -- should be "Alternate"

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Article V: Amendments To The Constitution And By-Laws

- i. Proposed amendments to the league Constitution shall be placed before the membership in a private ballot. Proposals receiving a favourable vote from two-thirds of the membership shall be adopted.
- ii. Proposed amendments to the League By-laws shall be adopted after passing a majority favourable vote from the Executive and from the Rules Committee.

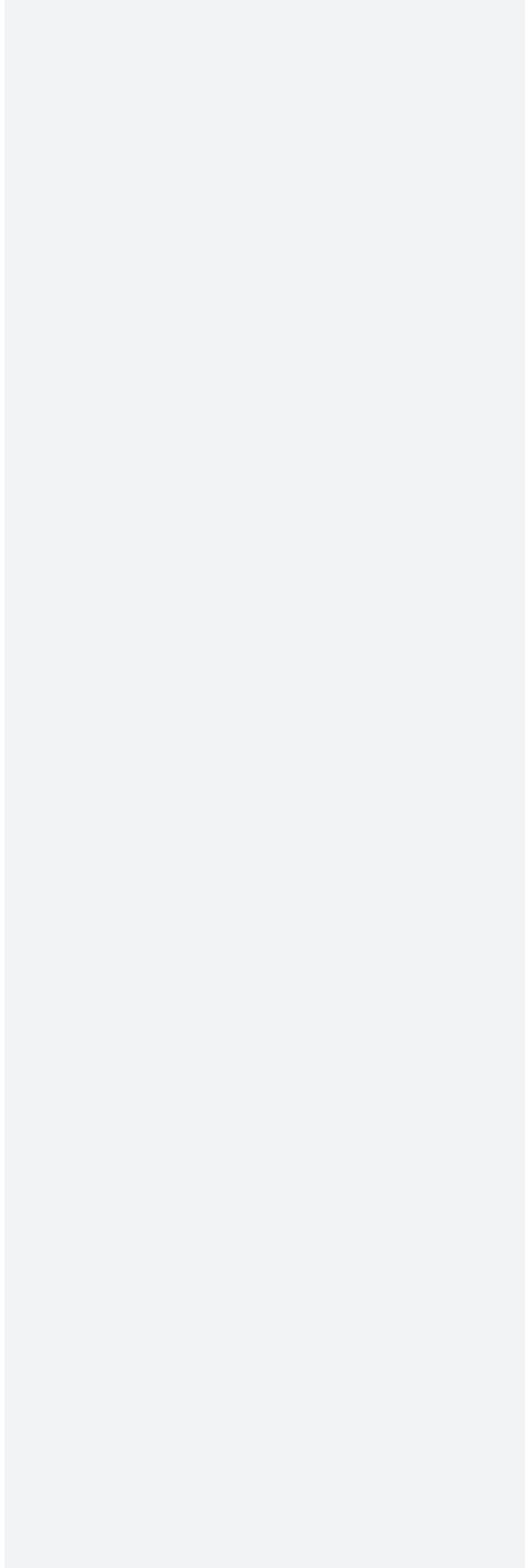
By-Law I: Duties Of The Governing Bodies

- i. The Executive shall be responsible for:
 - a) Arranging and coordinating suitable facilities for playing hockey, including: arena, referees, timekeepers, uniforms and supplies, scheduling ice time, securing sponsors, maintaining player lists and communicating with the general membership;
 - b) Planning and executing all financial business related to league operations;
 - c) Arrange and coordinate league social activities deemed suitable by the Executive.
- ii. The Rules Committee shall have the authority to:
 - a) Establish and enforce all league rules of player conduct during any league function and handle all grievances and disputes which arise during the season;
 - b) Conduct additional league business of a non-financial nature including: establishing procedures for drafting players from team to team and approving team uniform.
- iii. There shall be one Captain for each team in the league. Captains shall represent their team in good faith and when required, express the majority opinion of their team.

By-Law II: Officers

- i. The President shall be the regular presiding officer of the Executive and shall ensure that league operations are conducted as prescribed by its Constitution and

APPROVED CHANGES



EXISTING RULE

- By-Laws. The President will not vote or cast any ballot except to break a tie.
- ii. The Vice-President shall be capable of assuming the duties of the President in his absence and shall undertake duties as assigned by the Executive. He shall also serve as Chairman of the Nominating and Elections Committee.
 - iii. The Treasurer shall provide general supervision of the league's financial affairs and shall maintain proper books of account. The Treasurer shall prepare a budget for Executive approval.
 - iv. The Secretary shall record and appropriately distribute minutes of all meetings of the Executive and of the Rules Committee; appropriately notify officers and Captains of upcoming meetings; keep a record of all league correspondence and maintain By-Laws, the league rules and all player lists. The Secretary will be the presiding officer of the Rules Committee in the absence of the Rules Committee Chairman.
 - v. **The Entertainment Chairman shall be responsible for the planning and operation of all league social activities as approved by the Executive. He has the authority to establish social activity committees.**
 - vi. The Rules Committee Chairman shall be the presiding officer of the Rules Committee and shall coordinate communications between the Executive and the Rules Committee.

By-Law III: Qualifications For Office

- i. The President must have served on the Executive for a minimum of one year.
- ii. The Treasurer must have served on the Executive for a minimum of one year.
- iii. The Rules Committee Chairman must have served on either the Rules Committee **of** the Executive for a minimum of one year.
- iv. The Vice-President may be a league member.
- v. **The Entertainment Chairman must be any league member.**

APPROVED CHANGES

Re-word:

“The Executive shall be responsible for the planning and operation of all league social activities.”

fix spelling -- should be “or”

delete section v.

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- vi. Team Captains and Alternate Captains **must** be any league member.

By-Law IV: Meetings

- i. The Annual General Meeting shall be held on or before the fiscal year end and shall be open to all members. Date and location shall be made known to all members at least four weeks in advance. The President shall chair the meeting and business shall be opened to matters of importance to any member but the resolution of any motion raised and seconded shall only be placed before the league membership in a private ballot.
- ii. **The Executive shall meet as required but must meet at least three times during their terms of office. Two meeting must be held within the first three months of office.** A quorum shall consist of any three members but must include either the President or the Vice-President.
- iii. **The Rules Committee shall meet at least once prior to July 1. Thereafter, Committee members as required and must be requested in writing may call meetings. At least one-half of the teams must be represented in a quorum. The Chairman and the Secretary may not represent their respective teams.**
- iv. Teams may meet as required.

By-Law V: Elections And Voting

- i. Election of new officers shall take place every second year prior to March 15. Officers will be elected for a two-year term running from June 1 through May 31 of the following year. Executives may hold only one office **during any term.**
- ii. The Nominations and Elections Committee shall comprise of the following members: the Vice-President and at least two other league members appointed by the Vice-President who are not serving on the Executive. The Executive and the Rules Committee must approve selection of other members.

APPROVED CHANGES

re-number section vi
change "must" to "may"

Change first two sentences to read:
The Executive shall meet as required but must meet at least three times during their terms of office. A meeting must be held within the first three months of office.

Change section iii to read:
The Rules Committee shall meet at least once prior to July 1. Committee members may request in writing for additional meetings. At least one-half of the teams must be represented for a quorum.
(Deleted last sentence of section iii)

Replace "during any term" with "at any time."

EXISTING RULE

- The Nominations and Elections Committee shall:
- a) Prepare a list of at least one nominee for each Executive position;
 - b) Post the list of nominees in each team's dressing room at least three weeks prior to the election date;
 - c) Accept additional nominations until one week prior to the election date;
- iii. Candidates must express their willingness to serve and must be nominated and seconded by league members not presently serving on the Nominations Elections Committee.
 - iv. Voting shall be by private ballot. The candidate for each position receiving the most votes shall be declared.
 - v. Election of Team Captains **shall place** prior to April 30. Captains will be elected for one-year term running from June 1 through May 31. Voting will be done by a show-of-hands elections conducted at a team meeting and the Rules Committee Chairman must be notified of the team's selection by April 30.

By-Law VI: Financial

- i. The league's fiscal year shall run from June 1 through May 31.
- ii. The league shall maintain a current account in the name of the LOOSE ENDS HOCKEY ASSOCIATION at any Canadian Bank.
- iii. All investments of league funds must be guaranteed.
- iv. The Treasurer shall maintain a record of all transactions. Receipts must be **issued** for all receivables and copies of all invoices must be kept.
- v. All disbursements of funds must be by cheque. Cheques will be endorsed by **two** of the following signatures: President, Secretary, Treasurer.
- vi. **An audited financial statement must be presented to the membership at the end of the fiscal year.**
- vii. The Executive will tender and retain quotation for all major league expenditures.

APPROVED CHANGES

Change this phrase to read "shall take place."

Replace "issued" with "available."

change "two" to "one"

Change section vi to read:

A financial statement must be approved by the membership or the Rules Committee every year.

EXISTING RULE

The Loose Ends Hockey Association

The following are the League Rules and Regulations.

It is your responsibility to know the Rules and to abide by them.

These Rules will and have been enforced to the fullest of their meaning.

The Captains may present changes to the Rules to the Executive Committee.

All decisions by the Executive Committee are FINAL.

RULES & REGULATIONS:

1. **No player can be replaced from the waiting list on any team with less than five (5) regular games in the schedule left to be played.**
Penalty: Forfeiture of the game by the offending team.
2. **Substitute goalie for all games must be selected first from league goalies playing that night. If unavailable, selection will be made from the approved waiting list, then other players from within the league. No exceptions.**
Penalty: Forfeiture of the game by the offending team.
3. **Delayed offside calls will be in effect.**
4. **Penalties will be called on a delayed call basis.**
- 5a. Two (2) line passes are allowed where the receiving player is not in advance of the puck. The center line will be deemed not in play.
- 5b. Icing will be determined when the puck is shot from inside the blue line by the defending team. The centre line will be deemed not in play.
- 5c. The faceoff following a penalty that results in a man advantage (powerplay) will be in the offensive zone. In all other penalty situations the faceoff will be at the nearest spot determined by the referee.
6. Only the team Captain or Assistant Captain are allowed to approach the referees for a discussion.
7. **A "C" on the front shoulder must signify captains.**
8. **An "A" on the front shoulder must signify assistant Captains.**

APPROVED CHANGES

Change to:

No player can be added to a team's roster with less than five games left to be played in the regular season.

Delete the penalty.

Change order to waiting list goalies first, then league goalies.

Delete the penalty.

Move this rule to after the other rules on eligibility (Rules 16-18).

Rules 3, 4 and 5a. are already covered by GTHL/Hockey Canada rules.

They should be deleted.

Rule 9. should be stated before rules 6, 7 and 8.

Replace Rules 7 & 8 with a new rule 7:

"The team Captain and Assistant Captains must be clearly designated by the appropriate letter on the front shoulder or beside their name on the game sheet."

EXISTING RULE

9. Each team is allowed to name one (1) Captain and a maximum of two (2) Assistant Captains for each game.
10. High sticking when not involving another player but in an attempt to contact the puck will result in a stoppage of play and a face off at the point of infraction.
11. **Players not wearing the following equipment will not be allowed on the ice at any time:**
- Regulation hockey gloves with the palms in;**
 - Hockey pants;**
 - Shin guards;**
 - Helmets on and securely fastened;**
 - Regulation goalie equipment including mask or cage and neck protection (cheater, neckguard or both) for goalies.**
12. **Players not wearing the regulation or similar sweater approved by the league will be allowed to play only two games during the season in this manner.** All sweaters must be numbered and must have a different number than any other listed on the roster. Further infractions will result in the player not being able to play the game. **Goalies, however, will be allowed to play the game but will serve a suspension in the following game.**
- The Executive on Duty for the game is responsible for recording the names of those players who play out of uniform.
13. **Unless amended by the Captain and Executive Committee all G.T.H.L. rules are to apply to our league.**
- 14 (a) **Period/Time Alterations (trial of 7 games).** A game consists of two 17 minute stop time periods. Last 5 minutes of game will be run time unless is within a 5 goal spread (ie. 10-5 is stop time, 11-5 is run time).
- 14 (b) **Current rule pending outcome of trial in 14 (a). A game consists of 10- minute flood of the ice, 5-minute warm-up and two 22 minute non-stop time periods. The last two minutes of each period will be stop time provided that there is a timekeeper available. There will be no stop time in the second period if there is a four (4) goal or more spread.**

APPROVED CHANGES

Rule 11 is already be amply covered by GTHL/Hockey Canada rules. It should be deleted.

Changes to Rule 12 to reflect reality: First sentence to read: "Players, not including goalies, not wearing..." and delete the last sentence ("Goalies, however, will be allowed...")

The captains say they will attempt to enforce this rule in the future.

Rule 13 should be Rule 1 and any other remaining rules renumbered accordingly.

Delete first sentence of rule 14(a) and delete all of rule 14(b)

EXISTING RULE

15. **Any use of a non-member player in a game results in the forfeiture of the game by the offending team.**

16. At the start of each season, the team roster must consist of a minimum of 15 players.

At the discretion of the team, the roster may consist of sixteen players **providing notice is given at the draft meeting prior to the start of each season.**

All players on the roster must pay their respective league fees in full.

17. A person may be added to the wait list at any time by any means of communication to **the “League”**, providing they are 30 years of age and have not been previously disqualified from playing in the league.

The **“League”** reserves the right to refuse placement of wait list players upon reviewing eligibility.

The order of consideration for the placement of wait list players is as follows:

- a) any player currently on the leave of absence list must be given first right of refusal;
- b) all remaining players will be placed according to the ratings within reason;
- c) **all player recruitment must be supported by the “League”.**

18. The league Executive will approve all league uniforms.

19. Any team Captain failing to represent his team or supply an alternate to represent his teams at two (2) meetings of the Captains and Executive Committee will no longer be recognized by the league as the team Captain.
Should any Captain, after notification that the league as his team’s Captain no longer recognizes him, fails to remove the “C” from his uniform and plays in a game; the team will forfeit the game.

APPROVED CHANGES

Re-write to rule 15 (see Dec. 10, 2010 meeting notes).

All players must be part of the approved team roster unless they are on the posted waiting list.

Delete: “providing notice is given at the draft meeting prior to the start of each season.”

Add a fourth sentence to Rule 16 (see August 30, 2011 meeting notes)

All players must submit a completed and signed waiver form before playing.

Replace “the “League”” with “a member of the League Executive.

Replace “League”” with “Executive”

Delete sub-section c)

Delete the last sentence.

EXISTING RULE

20. The following rules apply in determining the order of finish when ties exist:

- a) **Most wins;**
- b) **Most points between tied teams;**
- c) **Best plus minus between tied teams;**
- d) **Coin flip.**

21. The following rules apply to a tie game.

REGULAR SEASON

All games ending in a tie at the end of the regulation time will result in each team being awarded one point.

SEMI-FINAL GAME

All semi-final games will consist of two (2) **non-stop** periods as per regular season play. Should the teams remain tied at the end of the regular play the teams will play one (1) 15 minute non-stop time period of sudden death hockey. Should the teams remain tied, each team will rotate through their line-up one player at a time taking penalty shots until after each round of shots, one team has scored and the other hasn't.

NOTE: Because of the overtime possibility, the semi-final games must start at 9:00 p.m. and 10:30 p.m. approximately.

FINAL GAME (CHAMPIONSHIP)

Should the game be tied at the end of two periods, a 5-minute rest will be allowed and will be followed by continuous 15-minute non-stop sudden death periods as long as time allows. If the game is still tied after the overtime, then the teams will play shoot out. The rules for shoot out are the same as stated in regulation 21 section semi-final game.

22. The following are the rules for the Championship game:

- a) Game will be three **15-minute periods** stopped time plus overtime if required. Flood after the second period.
- b) **Rules for deciding tie games are defined in regulation 21-section final game.**

APPROVED CHANGES

Should have been updated (see December 10, 2010 meeting notes):

- a) Most Games Won
- b) Most Points between tied teams (two or more teams may be involved)
- c) Best plus-minus (goals for vs. goals against) from games between the two or more tied teams.
- d) Least Penalty Minutes received during the season.
- e) Coin Flip

Delete "non-stop"

Delete the NOTE: sentence.

Rule 22 should logically follow Rule 14.

Delete b)

EXISTING RULE

23. Players may be traded from team to team if:
 - a) Both players agree to the trade;
 - b) Both team Captains agree to the trade and other Captains are notified;
 - c) The Executive Committee approves of the trade.
24. Any player being intoxicated due to drugs, alcohol, etc. or if hurt due to injury, the Captain of that team has the right to have that player not dress and play that game. This is to protect the player and the other players of the league from injury. During a game, a player suspected of being incapacitated by the opposing team can have their Captain approach the referee and have the referee determine if the player should be allowed to continue to play.
25. **Automatic icings are in effect.**
26. **Clearing the zone rule is in effect.**
27. **Players must play fifteen (15) games in regular season to be eligible for year-end trophy.**
28. Players absent for five (5) consecutive weeks without reasonable cause may be suspended and replaced at the discretion of the Executive Committee.
29. If a player leaves the league after five (5) games into the season, a refund shall only be issued at the discretion of the Executive.
30. If a player leaves before five (5) games into the season, he must pay for games played at \$25.00 a game.
31. Each team will be allotted one time out (60 seconds in duration) to be used at their discretion.

MISCONDUCTS AND SUSPENSIONS:

1. Bench clearings: Any player leaving the bench during a fight on the ice will receive a game misconduct and a TWO (2) game suspension. If he gets involved in any infractions after leaving the bench, he will receive an additional three (3) game suspension totaling five (5) games.
2. The third man into a fight will receive a game misconduct and a TWO (2) game suspension. A second offense of this nature will result in expulsion from the league with no refund.

APPROVED CHANGES

Rules 25 and 26 are already be amply covered by GTHL/Hockey Canada rules. They should be deleted.

Delete Rule 27. (not needed)

EXISTING RULE

3. **Fights will not be tolerated. All fighting suspensions are in effect for any fights on arena property.**

Players or goalies involved in a fight will receive a game misconduct and a one (1) game suspension. The player deemed to be the aggressor in the fight will receive a THREE (3) game suspension and an additional 2-minute penalty. If the same player is involved in a second fight for the season, he receives a game misconduct and is suspended from the league and all functions pending Executive review.

NOTE:

When a goalie is removed from the game, the team will be allowed to dress another goalie, however, the game will not be held up while the replacement goalie is dressed.

4. Attacking referees will not be tolerated and any player doing so will be charged with a minimum of five (5) game suspensions up to expulsion from the league with NO REFUND, pending Executive Committee review. This includes excessive verbal abuse on or off the ice. The rule is in effect anywhere on arena property.
5. Any player or goalie incurring three (3) penalties of any type or combination in one (1) game will receive a game misconduct. In addition, any player incurring any combination of two (2) stick infraction penalties (high sticking, slashing, crosschecking) in one (1) game will receive a game misconduct. The player's or goalie's third (or second stick infraction) penalty or more will be served by another player on his team and that player will leave the game immediately. Any member of his team will not serve misconducts of such player or goalie. Should the player receive a second three (3) (or two stick infraction) penalty night, he will receive a game misconduct, a one (1) game suspension and a review before the Rule Chairman where further actions may be taken, if warranted. Should the player get another three (3)-penalty (or two stick infraction) game, he will be suspended immediately pending the results of the Executive committee review.

APPROVED CHANGES

The first sentence of Rule 3 should be the first rule in this section on Misconducts and Suspensions.

Please note: This rule has been misinterpreted in the past as players who've received one 4-minute stick infraction plus one 2-minute penalty have been asked to leave the game.

The captains would like to see this rule to be enforced correctly, as it reads.

EXISTING RULE

6. Any player or goalie assessed a penalty for high sticking, cross checking, slashing will receive a four (4) minute penalty (unless a major penalty is awarded at the discretion of the referee).
7. Any goalie assessed a ten (10) minute misconduct will finish that game and be suspended from playing the following game.
8. If a player or goalie receives (2) or more misconduct penalties in one game, then that player is automatically given a game misconduct and ejected from that game.
9. Any player who delays the game more than one minute on penalty call will receive a one (1) game suspension. Second offense – a two (2) game suspension.
10. Any player who receives a total of 30 minutes in penalties during the course of the regular season, will receive a one (1) game suspension. After 40 minutes – a two (2) game suspension and after 50 minutes – SUSPENSION from the league pending Executive Committee review.
11. In the playoff season, any player **who receives 10 minutes** in penalties will receive one (1) game suspension. After 20 minutes, 2 games suspensions, after 25 minutes, suspension from the league pending executive committee review.
12. Any player expelled from the league will not be allowed to return EVER and will not receive a refund or attend any league functions.
13. If a player is ejected from the game and leaves the ice and for any reason he returns to the ice he will automatically be suspended for 5 games.
14. No appeal options for 3 games or less suspension

APPROVED CHANGES

Change to 15 minutes.

The captains voted to add a second sentence to Rule 14:

If a suspension is appealed and the appeal is lost, the original suspension is doubled.

EXISTING RULE

PENALTIES:

On a penalty, the penalized team can only change when the penalty has been called or on stoppage of the clock and during the duration, you can change on the fly (excluding misconducts). Penalty for breaking this rule is a bench minor.

1. The taking of a slap shot.
2. The use of slap shot where the stick is raised higher than the knee on the wind-up or the follow through. This includes backhand slap shots.
3. **Delay of the game penalty for deliberately shooting the puck way from the referee or over the boards after the play has been halted.**
4. **Goalies freezing the puck unnecessarily will be assessed a delay of game penalty. This is to be served by a player on the ice at the time of the infraction.**
5. Body contact other than from mild interference in front of the goal will result in a penalty.
6. **Too many men on the ice will result in a bench penalty, which will be served by a player on the ice at the time of the infraction.**
7. **Swearing at the referee or arguing will draw an unsportsmanlike conduct penalty.**
8. Fights will not be tolerated. All fighting suspensions are in effect for any and all fights on arena property. Players/goalies involved in a fight will receive a game misconduct and 3 game suspensions. The player deemed to be the instigator will receive a 6 game suspension and an additional 2 min penalty. If the same player is involved in a second fight for the season, he will receive a game misconduct plus 6 games suspension or 9 games suspension if instigating. If the player is involved in a 3rd fight for the season he is expelled from the league and all functions and will have to meet with the executive review to be considered for returning the following year.

First fight= 3 games or 6 games (instigating)

Second fight = 6 games or 9 games (instigating)

APPROVED CHANGES

The change on the fly during penalties rule became irrelevant when we went to stop time, so it should be deleted.

Certain rules in this section should be deleted because they are amply covered by GTHL/Hockey Canada rules

Delete rule 3

Delete rule 4.

Delete rule 6.

Delete rule 7.

EXISTING RULE

Third fight = Expulsion from the league and executive review for next season

9. **For throwing your stick, the player receives a penalty shot and the offending player receives a minor even if a goal is scored.**
10. Spearing, butt ending or intent to injure penalties called by the referee will be dealt with by an automatic three (3) game suspension and a review before the Rules committee where further action may be taken.
11. Deliberate body checking will result in a five (5) minute major penalty [plus five [5] minute misconduct and that team will play short handed during the first five [5] minutes.

PENALTY SHOTS:

Delay of game after a penalty has been assessed, results in an additional bench minor to the team. The player involved initially must serve the original penalty. If further delay of the game continues, a penalty shot plus an additional bench minor will be awarded. The penalty shot must be taken before the game resumes.

APPROVED CHANGES

Delete Rule 9.

Delete this section on penalty shots.

*From the February 3, 2012 Meeting
(www.looseendshockey.ca/LEHA_docs/Meetings/LEHA_meeting_2012_01.html)*

SUGGESTED NEW RULE:

5. Misconduct penalties count as 10 minutes towards the offending player's penalty totals.